



Dancing Through Retirement

By Michelle Houriet, Executive Director
Independence Hill Retirement Resort Community
(210) 209-8956

We know the residents of Independence Hill Retirement Community, Assisted Living and Independence Village – an adult neighborhood of homes – love to dance. Besides bringing back loads of memories of jitterbug contests, sock hops, and Saturday night dances, it’s also just plain fun! That’s why each spring and fall, the team at Independence Hill hosts a big band dance. This age group is no stranger to quality music, so a fantastic live big band – like the River City Band – is brought in to entertain. In fact, one of Independence Hill’s long-time residents has been a drummer in the River City Band for years.

To keep the big band dance events new and exciting, each of the dances has a theme and the ballroom, the food and the entertainment are all planned to match. This spring’s theme was Arabian Nights featuring Middle Eastern cuisine and belly dancers. As with most functions, the Independence Hill management team, and many residents, take the theme seriously and jump right in providing great costumes for the occasion. One resident even wore authentic Middle Eastern clothing from their time living in Saudi Arabia.

In the past, Independence Hills has also organized a Hollywood Nights theme, complete with a red carpet entrance. The team even dressed as movie stars from the 1920s through the 1950s. Other past themes have included a Venetian Masquerade Ball, a 1940s Speakeasy, and Moulin Rouge, just to name a few.

The great generation Independence Hill serves loves to dance, so staff also organizes Friday night dances in the Pub every other week. To say the residents have a blast is an understatement. It is not uncommon to get a few thank you notes from them afterward. The Independence Hill Food and Beverage team always provides incredible hors d’oeuvres and even takes part in the fun throughout the evening. Long tenured Executive Chef Raymundo Torres has quite the dance moves. The ladies line up to dance with him at these special events. He has no problem putting down his tray and getting those twinkle toes out on that dance floor!

Besides being an event that all three of the Independence Hill communities can enjoy together, many family members also attend.

“I love seeing the sons or grandsons of our residents escorting their mom or



Independence Hill organizes themed events like a Venetian Masquerade Ball for residents to enjoy.

grandmother to the dance,” remarked Michelle Houriet Vountour, Executive Director of the Independence Hill Communities. “What a sight for us and a beautiful moment in time for them. Savoring moments like these is just one of the reasons I have been here for over 16 years...it just never gets old!”

If you would like to learn more about Independence Hill, please contact one of Independence Hill’s Lifestyle Specialists, Sherrill or Laura at (210) 209-8956. Be sure to let them know about your favorite hobbies so they can invite you to join in at an upcoming event.

Independence Hill Retirement Resort Community is located at 20450 Huebner Rd., San Antonio, TX 78258. For more information, call (210) 209-8956 or visit www.independencehill.com.



Residents love to dance and the staff at Independence Hill loves taking part in the fun.



Taking A Break From Business

By Jennifer Scroggins and Brent McCrary
Platinum Wealth Solutions of Texas LLC
bmccrary@jhnetwork.com, jscroggins@jhnetwork.com
(210) 789-2003 / (210) 998-5037

Unfortunately, working too hard and waiting too long between vacations may not be good for your health or the future of your business. One long-term cardiovascular study reported a link between frequent vacations and longer, healthier lives, and another found that men who skipped vacations for several years were 30 percent more likely to have heart attacks than those who took at least one week off from work each year.*

A little bit of rest and relaxation could help you reduce stress, refresh, and become a more productive leader upon your return. It also may allow your employees to grow. Moreover, a company that runs efficiently in your absence might be more valuable if or when you decide to sell. Advance preparation could make it easier to fit a personal vacation into your business plans.

Schedule trips carefully. Your business may have predictable slow or busy periods, so choose a timeframe when your presence may be less critical. Plan ahead so you can work around these dates when setting up important meetings or events.

Decide how to delegate. Train one or more key employees to cover specific responsibilities while you are away. Have each person take over those tasks about a week before you leave. This process may help you anticipate potential problems and provide guidance for how they might be handled.

Manage client expectations. Tell important clients that you will be away and reassure them that their projects and needs will not be neglected. Give them names of people to contact if they should need assistance. Set up an automatic email response that includes the same information.

Few business owners are able to avoid communication with the office completely. To get the respite you need and deserve — and keep from disappointing family or friends — you may want to schedule a short window of time to check emails and make business-related calls.



For more information, contact Jennifer Scroggins and Brent McCrary with Platinum Wealth Solutions of Texas, LLC at 210-998-5000 or visit www.platinumwealthsolutionsoftexas.com. Registered Representative/ Securities and Investment Advisory Services are offered through Signator Investors, Inc., Member FINRA, SIPC, a Registered Investment Advisor. Platinum Wealth Solutions of Texas, LLC is an independent firm affiliated with Michigan Financial Companies-John Hancock Financial Network. 28411 Northwestern Highway, Suite 1300, Southfield, MI 48034. (248) 663-4700. Approval #225-20150611-237765. Source*USA Today, October 28, 2013. The information presented in this is for educational purposes only. It is not intended to replace the need for independent tax, accounting, or legal review. Individuals are advised to seek the counsel of such licensed professionals to review their personal situation.